

Management Committee Report, Cairns Road Runners AGM, 19 October 2011 presented by President Lorraine Lawson

It was a tough year for the Cairns Road Runners. Two resignations from the Management Committee early in the year. We lost the four trail runs we put on in 2010 and lot of time and energy was spent on getting new runs off the ground – which proved to be very successful. Cairns Challenge and other running events in the region reduced participation numbers at our events. The cost of these other events probably also affected our membership.

Despite all these problems, we still had a great turn out at our events, our membership continued to grow and the profile of the club around town and further afield was lifted as a result of events such as the Team Challenge and Kuranda to Port Douglas Ultra Trail Marathon.

In this report, I will focus on membership, our volunteer base, our events, decisions made by the 2011 Management Committee, sponsorship and how we can improve in 2012.

Membership

Our current membership stands at 290 of which 57% of members are brand NEW to the Club this year.

Club Members' Benefits

- Running partners
- ANQ bag with an activity book (kids), wristband and tattoo
- Member's Information Booklet
- Discounted Race Entry Fees
- All junior members (U19) get their races for FREE (excludes Trail Runs)
- Discounted 2012 Eclipse Marathon Entry (don't need to pay for full package, only pay for the race)
- Invitation to race with Cairns Athletics Club at Barlow Park during the Athletics season (you MUST wear your CRR singlet)
- David Todd Memorial Bursary (approximately \$1000) to a junior member(s) who show/s great potential
- Free Members' Listing on our website
- Access to Beginner Runners and Intermediate Runners Clinics for only \$10 (others pay \$45) (supply your own shirt)
- Access to training programs relating to running (the Management Committee will consider supporting club members financially in completing training)
- Monthly newsletters (paper copy available on request)
- Invitations to social events
- Glossy copy of the CRR Event Calendar

Volunteers

All committee members are volunteers, and most of us work full time!

Treasurer – Rosie Ball

Secretary – Kathy Kennedy

Vice-president – Nathan Moore

Committee members – Kylie Colman (socials e.g. Relay for Life, Super Sports Day), Ian Valentine (Black Snake), Nick Carling (Port Douglas Sign on and social runs)

Trail Running Sub-committee: Gareth Smith and Christine Bell (Poker Run and social trail runs); Ian Valentine (Black Snake); Alan Courtney (Mt Haig); Larry Lawson (Kuranda to Port Douglas).

Race directors for Road Races and Fun Runs this year included the Bunt family; Michelle Clark; Alan Courtney; Rosie and Martin Ball; Nathan Moore and Lorraine Lawson.

Other regular helpers at races include Fiona Campbell, Jim Cavill, Sarah Griffiths, Helen Kinnane, Kev Morrissey, Pam Palmer, Alison Smith, Bec Tucker, John Vaughan and many others.

As president I continued to pick up a lot of the work, but there was a marked improvement especially in relations to helpers at events. Major contributions included:

- (1) Coach for the two beginner runner clinics (Jan/Feb and July/August)
- (2) Tuesday night training
- (3) Wednesday night run and the occasional sausage sizzle
- (4) online entries for races
- (5) Race director for Little Street #2; Babinda Boulders; Kuranda to Port Douglas; Team Challenge; Copperlode Cup and Stoney Creek
- (6) registration, setting up and pulling down after events
- (7) typed up most of the race results
- (8) arranged trophies and medals
- (9) provided support to race directors and those in Atherton and Port Douglas to start up the social running groups there.
- (10) monthly newsletter
- (11) 2011 Cairns Runners Event Calender
- (12) dealt with most of the incoming emails
- (13) Webmaster: set up new CRR website, continue to do updates
- (14) advertised events online
- (15) got race results in Cairns Post
- (16) posters and flyers for upcoming events – designed, printed and distributed around town
- (17) attended meetings with CRC
- (18) attended 2 forums QPWS Outdoor Recreation
- (19) attended the annual workshop for ANQ Clubs in Townsville in Nov 2010

Events

We had 30 events and also the Beginner Runners' Clinics, track races and two social events on the calendar this year. Of these, 6 were inaugural events. A few notes on events:

The Sign on in Cairns was cancelled due to Cyclone Yasi.

The Team Challenge was a great success and 31 teams participated. This event is set to grow in coming years.

The Black Snake Trail Race is to become a qualifying race for the Six-foot Track Marathon, which means that local runners no longer have to travel outside of Cairns to qualify for the event.

Decisions made by MC in 2011:

October 2010 Management Committee members received \$30 in race vouchers; Trail running sub-committee received a free shirt.

December 2010: Race "Directors" get a \$10 voucher towards their next race

January 2011: **Race Fees:** All Road Races - \$10/member; Juniors & 70+ members free; \$15/non-member; Non-member juniors & 70+ \$5. Fun Runs: All adults (19-69) \$5.00; everyone else free. Trail Runs: \$25.00/member; \$35.00/non-member.

January 2011: Use Register Now in 2011 for FNQ Trail Running Series.

February 2011: \$1000 David Todd Memorial award to Bini James

February 2011: Kirsten Le Roux resigned end January 2011; Rob resigned end February 2011. New committee members: Nick Carling and Rosie Ball (treasurer).

16 April 2011: Special general meeting: new Rules of Association accepted

Started looking at dropping Holloways 5km series at the MC meeting in June 2011 – too expensive, too many people getting lost.

September 2011: Membership Fees for 2012: \$10/for 65+; \$10/non-competitor

September: SGM re financials for 2009/2010.

October 2011: Move to Active Network for online race rego and membership applications.

Sponsorship/Partnerships

- Active Health Clubs; Amanda Gale Physiotherapy and Wellness Clinic; Cock 'n Bull, AJ Hackett, It's Extreme, Harvey World Travel, Nando's Cairns, Cairns Courthouse Hotel, CBC Staff Selection.
- PDEM (partnership in helping with the Cairns to Port Douglas Ultra)

2012

Events

- Race folder to submit to CRC
- Refine the roles of committee and sub-committee members
- Refine how races are being organised including a roster for helpers
- Focus on our major races in 2012: Kuranda to Port Douglas and Team Challenge.
- Revive the Copperlode Cup Run and David Todd Memorial Mile
- Revive the Club Championship Points
- Donate back to the community at the Relay for Life, Moonlight Gorge Gallop, Canine Challenge

More on 2012

- 'Runs' not races for example International Women's Day Come and Try, Marathon over three days, Earth Hour Night Run
- New Runs/Races – The Rocks 5km series, Smith-Douglas Loop, Canine Challenge, today versus tomorrow, Black Friday, Father's Day.
- Increase social participation of the members – weekends away for training runs, Club Trip to Mackay for NQ Games, 2013 club trip to RSA to run Comrades
- Get more older runners (65+) into the club
- Introduce a late entry race fee
- Running clinic for intermediate runners (April/May) leading into the Eclipse marathon on 14 November 2012