

Suncorp NQ Games 21.1K & 10K Road Running Race Report and Results (11 April 2010)

by Lorraine Lawson

The Cairns Road Runners and Triathlon Club has doubled its membership in 2010, enlisting many local runners to compete in the 2010 Suncorp NQ Games. The Cairns Roadies pulled off two very successful events for the NQ Games with nearly 300 runners taking part.

The 3k/5k fun run on Saturday attracted over 80 participants. Refer to the race report and results by race director Julie Sager.

The early Sunday morning road running event attracted record numbers with 135 entries into the half marathon and 71 entries into the 10k. International competitors from the USA, Canada, France, Ireland and Scotland joined in with interstate competitors from Morwell, Victoria and Darwin, NT. Queensland competitors came from as far a field as Brisbane and Mount Isa. Other Queensland towns represented included Mackay, Townsville, Tully Heads, Ayr, Ingham, Missions Beach, Port Douglas and Mareeba. But the locals held their own with Cairns runners taking out three of the four overall positions.

In a winning time of 1:16:50 for the 21.1k race Cairns Roadies' Mike LeRoux beat rivals Constantin Schaaf (1:20:02) and Cairns Roadies' Phil Bradshaw (1:21:02). (Phil did not have a good day). Susan Crowe was the first female home in a time of 1:31:25 (13th overall), followed closely by Elizabeth Maguire (1.31.30) and Cairns Roadies' Natalie Boddington (1.32.05).

Townsville Road Runner, Tony Gordon, was the first 10k male over the finish line in 35 minutes 47 seconds. Cairns Roadies' Andrea Hargreaves was the first 10k female with a time of 42:51 (10th overall).

The course was flat, but had a few kinks in it, slowing runners down. The race started in Spence Street outside Barlow Park, did a quick loop at the start and then headed out to the Esplanade. The 10k runners turned at Muddys Playground and finished back at Barlow Park. The 21.1k runners continued along the Esplanade to Moffit Street and then back to do a loop in the industrial area before finishing in Barlow Park. Thanks goes to Cairns Athletics who shared the grounds with us, allowing our runners to complete their race on the track and receive photo finish times.

The weather was kind and competitors in the 10k had a 'cool' run. The course was well marked and no-one got lost or injured due to the tireless efforts of the Cairns Traffic Police, East Coast Traffic Management Traffic Controller and the 60+ volunteers (see list below). Numerous meetings and discussions with Stuart Gibson from NQ Sport Foundation, Councillor Margaret Cochrane from Cairns Regional Council, Inner City Facilities (Esplanade), Main Roads and Qld Rail ensured the race ran smoothly – only one runner was delayed by the Tilt train, and we've adjusted his time.

Congratulations goes to all the runners. There were many competitors for whom this was their very first 10k or 21.1k race, and I am pleased that they could experience it in such a beautiful setting under near-perfect conditions. Please visit the Cairns Roadies website (www.roadrunners.org.au) for photos and details on our upcoming events. Our next race is a trail run in Speewah on the 26th of April.

Volunteers:

Measuring of the course: Larry Lawson; Pre- and Post-Data Entry: Rob Mackenzie; In stadia manager: Peter Morris; Out of stadia manager: Darren Hargreaves; Grounds coordinator: John Vaughan; Photo finish timing: Richard and Jean Lendon; Stopwatch timing: Kevin Morrissey and Nance Storch; Tag collection/medals: Anne Beare and Celia Mackenzie; Cyclist for Lead Runners: Gary Roberts; Officials: Kathy Kennedy; John Melnyczenko, Helen Saccacidis; Kim Seccafien. Masseuses: Sarah Griffiths and Sue Wilson; Recovery Machine: Richie Littlefield; Refreshments: Rosie Ball; Chris Chapman; Sweeps: Trent Gleeson; Jeff

Bunt, Debra Harrison and Melissa Cotter; Course Volunteers: Holly Blyth; Serge Boisvert; Lynton Bowen; Tim Brain; Debra, Fiona and Brendan Bunt; Fiona Campbell; Tash Chapman; Jim Cavill; Kim Close; Belinda Corbett; Alan Courtney; Carla De Domenico; Sarah Drewery; Natalie Duncan; Carissa Fairweather; Brenda Foley; Louise Gale; Katie Harlen; T.A. Hartley; Jordan Houghan; Mark Ivory; Stevie Johnston; Robin Johnston; Niki Johnston; Brian Jones; Grant Jones; Rick Kendust; Ros Kerwin; Helen Kinnane; Leanne Kruger; Kirsten Le Roux; Julie LeComte; Jenny LeComte; Paul, Rachel and Matthew Leeson; Stefanie Loro; Kelsey Lovegrove; Paul Majer; Elisha McGuinness; Shanna McIlwham; Nathan Moore; Ben Muir; Pam Palmer; David Ryan; Julie Sager; Linda Selman; Lenore Sims; Alison Smith; Owen Smith; Jill Steel; Adaline, Daryn and Monique Storch; Robbie Swain; Ian Valentine; Robin Volfuston; Lynette Walmsley; Michelle, Paul and Jacob Wellington

Results:

10K

Name	Category	Category Place	Sex Place	Overall Place	Time
Gordon, Tony	M19-29	1	1	1	00:35:47
Beacon-Halliday, Om	M19-29	2	2	2	00:36:53
Patti, Brad	M19-29	3	3	3	00:39:56
Horobin, Heath	M30-39	1	4	4	00:40:31
Robinson, Glen	M30-39	2	5	5	00:40:52
Kling, John	M50-59	1	6	6	00:41:27
Selman, Jason	M40-49	1	7	7	00:42:07
Chaffus, David	M40-49	2	8	8	00:42:10
Williams, Billy-Joe	M12-18	1	9	9	00:42:23
Hargreaves, Andrea	F40-49	1	1	10	00:42:51
Potter, Mathew	M19-29	4	10	11	00:43:30
O'Mahony, Ronan	M30-39	3	11	12	00:43:38
Ryan, Anne	F50-59	1	2	13	00:44:00
Marino, Mario	M40-49	3	12	14	00:44:01
Roberts, Matt	M40-49	4	13	15	00:44:27
Ryan, Sean	M60+	1	14	16	00:44:36
Sievers, Jordan	M19-29	5	15	17	00:44:47
Fletcher, Adam	M30-39	4	16	18	00:45:10
Marino, Lauren	F12-18	1	3	19	00:45:21
Read, Tim	M30-39	5	17	20	00:45:23
Mouldeg, Kieran	M19-29	6	18	21	00:45:40
Smith, Evan	M19-29	7	19	22	00:46:21
Barlow, Martin	M40-49	5	20	23	00:46:33
Campigli, Ian	M40-49	6	21	24	00:46:45
McGrath, Margaret	F30-39	1	4	25	00:48:33
Bunt, Jackson	M12-18	2	22	26	00:48:45
Jones, Colin	M40-49	7	23	27	00:48:56
Lyons, Craig	M40-49	8	24	28	00:49:05
MacLeod, Donna	F30-39	2	5	29	00:49:11
Omundsen, Rosemary	F40-49	2	6	30	00:49:18
Kraska, Ian	M50-59	2	25	31	00:50:05
Quirk, Kevin	M50-59	3	26	32	00:50:24
Bird, Jon	M40-49	9	27	33	00:51:41
DeZen, Emy	F40-49	3	7	34	00:51:43
Bassford, Tanya	F30-39	3	8	35	00:51:56
O'Shea, Tim	M19-29	8	28	36	00:52:20
White, Georgia	F30-39	4	9	37	00:52:20
deKievith, Moniek	F30-39	5	10	38	00:52:20

deKievith, Theresia	F50-59	2	11	39	00:52:54
Smyth, Liz	F40-49	4	12	40	00:53:05
Garner, Laura	F40-49	5	13	41	00:53:23
Bradshaw, Lorna	F19-29	1	14	42	00:53:38
Mostert, Bert	M19-29	9	29	43	00:53:41
Sperling, David	M40-49	10	30	44	00:53:52
Griffiths, Sarah	F19-29	2	15	45	00:53:59
Comas, Kate	F19-29	3	16	46	00:54:02
Monaghan, Jacob	M12-18	3	31	47	00:54:11
Wilson, Renee	F30-39	6	17	48	00:54:17
Jansen, Suzie	F30-39	7	18	49	00:54:52
Snijders, Dennis	M30-39	6	32	50	00:54:53
Nakamura, Yuko	F30-39	8	19	51	00:56:28
Vergari, Antonella	F40-49	6	20	52	00:57:04
Matsuoka, Nami	F30-39	9	21	53	00:57:15
Jenkin, Kathy	F50-59	3	22	54	00:59:46
Gadhvi, Bharat	M40-49	11	33	55	01:01:11
Turner, Lauren	F19-29	4	23	56	01:01:45
Morgan, Andrew	M19-29	10	34	57	01:02:09
Hamilton, Kylie	F40-49	7	24	58	01:02:48
Rayner, Sue	F40-49	8	25	59	01:06:30
Buckley, Sandra	F60+	1	26	60	01:07:13
Rothwell, Eileen	F30-39	10	27	61	01:07:22
Frossling, Annika	F50-59	4	28	62	01:09:40
Moll, Liz	F50-59	5	29	63	01:10:30
Barlow, Kerrie	F19-29	5	30	64	01:13:12
Quinn, Jackie	F40-49	9	31	65	01:14:57
Newton, Gillian	F30-39	11	32	66	01:20:07
Hasselberg, Monika	F50-59	6	33	67	01:23:51
Anderson, Michelle	F30-39	12	34	68	01:23:57

21.1K

Name	Category	Category Place	Sex Place	Overall Place	Time
Le Roux, Mike	M30-39	1	1	1	01:16:50
Schaaf, Constantin	M19-29	1	2	2	01:20:02
Bradshaw, Phillip	M30-39	2	3	3	01:21:02
Clifford, Peter	M40-49	1	4	4	01:25:21
Kuhne, Adrian	M50-59	1	5	5	01:27:31
Walmsley, Brian	M40-49	2	6	6	01:28:45
Boisvert, Serge	M19-29	2	7	7	01:28:48
Pearce, Adrian	M40-49	3	8	8	01:28:56
Lochard, Alain	M40-49	4	9	9	01:29:36
Moustoukas, Allan	M50-59	2	10	10	01:30:26
Monaghan, Denis	M40-49	5	11	11	01:30:54
Dewar, Matthew	M19-29	3	12	12	01:31:22
Crowe, Susan	F30-39	1	1	13	01:31:25
Maguire, Elizabeth	F40-49	1	2	14	01:31:30
Boddington, Natalie	F30-39	2	3	15	01:31:52
Jones, Dean	M30-39	3	13	16	01:32:05
Appleby, Neville	M50-59	3	14	17	01:32:12
Whittle, Ivan	M50-59	4	15	18	01:33:39

Love, Wayne	M30-39	4	16	19	01:34:18
Robinson, Bill	M50-59	5	17	20	01:34:45
Carman, Matt	M19-29	4	18	21	01:34:55
Miller, Robert	M30-39	5	19	22	01:34:59
Jenkinson, Gary	M50-59	6	20	23	01:35:04
deKievith, Marcel	M60+	1	21	24	01:35:32
Bryant, Gary	M40-49	6	22	25	01:37:10
Lawson, Larry	M40-49	7	23	26	01:37:52
Gori, Anita	F40-49	2	4	27	01:38:07
Carman, Jo	F19-29	1	5	28	01:38:55
Wilson, Greg	M40-49	8	24	29	01:40:08
Watkins, Meredith	F30-39	3	6	30	01:40:33
Smith, Gareth	M30-39	6	25	31	01:40:56
Fowler, Natalie	F30-39	4	7	32	01:41:00
Campbell, Peter	M40-49	9	26	33	01:41:24
Mackay, Jamie	M19-29	5	27	34	01:41:29
Besgrove, Paula	F30-39	5	8	35	01:41:45
Noopetch, Somyos	M40-49	10	28	36	01:42:04
Maher, Tom	M30-39	7	29	37	01:42:14
Sager, Julie	F30-39	6	9	38	01:42:27
Wiersma, Karen	F40-49	3	10	39	01:42:40
Mackenzie, Rob	M60+	2	30	40	01:43:01
O'Mahony, Bryan	M30-39	8	31	41	01:43:26
Irving, Jennifer	F40-49	4	11	42	01:43:27
Robb, Megan	F30-39	7	12	43	01:44:03
Arnott, Damen	M30-39	9	32	44	01:44:24
Meadows, Phil	M40-49	11	33	45	01:45:24
Mountney, Peter	M60+	3	34	46	01:45:58
Mason, James	M40-49	12	35	47	01:46:02
Maddern, Robert	M40-49	13	36	48	01:46:10
Fox, Jared	M30-39	10	37	49	01:46:14
Shearer, Margie	F40-49	5	13	50	01:46:18
Greer, Rodger	M40-49	14	38	51	01:46:28
Greer, Kimberly	F40-49	6	14	52	01:46:41
McPhail, Glenn	M30-39	11	39	53	01:46:53
Tattersall, Rowan	M40-49	15	40	54	01:48:45
Pilat, Joe	M40-49	16	41	55	01:49:08
Atkinson, Samantha	F40-49	7	15	56	01:50:15
Grant, Ian	M40-49	17	42	57	01:50:35
Banaghan, Peter	M40-49	18	43	58	01:50:43
Fleet, Mark	M30-39	12	44	59	01:52:13
Brain, Tim	M30-39	13	45	60	01:52:55
Gould, James	M12-18	1	46	61	01:53:09
Hartley, Todd	M40-49	19	47	62	01:53:39
McGuinness, Travis	M12-18	2	48	63	01:53:44
Gray, Brett	M40-49	20	49	64	01:53:44
Lees, Joshua	M19-29	6	50	65	01:53:44
Miller, Bob	M50-59	7	51	66	01:53:49
Rigby, Paul	M30-39	14	52	67	01:54:07
Garner, Danielle	F19-29	2	16	68	01:54:17
Truong, Caitlyn	F30-39	8	17	69	01:54:33
Beil, Lyndie	F60+	1	18	70	01:54:34
Ellershaw, Robert	M50-59	8	53	71	01:55:30
Fakes, Adam	M30-39	15	54	72	01:55:30

Timms, Peter	M30-39	16	55	73	01:56:01
Virtue, Andrew	M19-29	7	56	74	01:56:10
Richardson, Ryan	M30-39	17	57	75	01:56:22
Aranas, Samantha	F30-39	9	19	76	01:56:58
Punshon, Michael	M40-49	21	58	77	01:57:22
Zerner, Ashley	M30-39	18	59	78	01:57:55
Kusinski, Eve	F30-39	10	20	79	01:58:10
Moore, Nathan	M30-39	19	60	80	01:58:32
Postma, Steve	M40-49	22	61	81	01:58:40
Dix, Fiona	F30-39	11	21	82	01:58:44
Marino, Donnalee	F40-49	8	22	83	01:58:54
Foley, Brenda	F19-29	3	23	84	01:59:13
Mellinger, Catherine	F40-49	9	24	85	01:59:24
Ford, Paul	M50-59	9	62	86	01:59:48
Greer, Rebecca	F19-29	4	25	87	02:00:13
Lim, Sally	F30-39	12	26	88	02:00:41
Dunbar-Reid, Kylie	F40-49	10	27	89	02:01:25
Brook, David	M40-49	23	63	90	02:01:34
Simpson, Christine	F40-49	11	28	91	02:02:10
Hancox, Leela	F19-29	5	29	92	02:02:18
Cavin, Ben	M19-29	8	64	93	02:02:49
Martin, Michael	M40-49	24	65	94	02:02:55
Martin, Robert	M40-49	25	66	95	02:02:55
Sayed, Nathan	M30-39	20	67	96	02:03:17
Angear, Claudine	F30-39	13	30	97	02:03:31
Walker, Lesley	F30-39	14	31	98	02:03:39
Bancilhon, Dominique	M50-59	10	68	99	02:04:06
Smith, Aaron	M40-49	26	69	100	02:04:49
Clark, Michele	F40-49	12	32	101	02:05:19
Harland, Kent	M40-49	27	70	102	02:06:19
Campbell, Rosie	F30-39	15	33	103	02:06:54
Parker, Debra	F40-49	13	34	104	02:07:04
Parker, Neil	M40-49	28	71	105	02:07:04
Upton, Brent	M30-39	21	72	106	02:07:06
Taylor, Kate	F19-29	6	35	107	02:07:13
Murray, Ian	M30-39	22	73	108	02:07:31
Hancock, Will	M40-49	29	74	109	02:07:31
List, Jenny	F30-39	16	36	110	02:08:39
Horne, Pauline	F50-59	1	37	111	02:08:39
Skinner, Alina	F19-29	7	38	112	02:10:30
Ortamond, Clayton	M19-29	9	75	113	02:14:14
Russo, Matthew	M12-18	3	76	114	02:14:55
Mills, Emma	F30-39	17	39	115	02:15:10
Bennett, Bruno	M50-59	11	77	116	02:15:10
Bosworth, Georgina	F40-49	14	40	117	02:15:25
Banks, Helen	F30-39	18	41	118	02:16:41
Pearsall, Bernice	F30-39	19	42	119	02:16:42
Lawrence, Roland	M19-29	10	78	120	02:17:30
Pue, Shane	M30-39	23	79	121	02:17:51
Montfort, Tangi	M19-29	11	80	122	02:18:33
Staedler, Rene	M40-49	30	81	123	02:19:35
O'Grady, Genevieve	M30-39	24	82	124	02:20:25
Tucker, Rebecca	F19-29	8	43	125	02:21:51
McFarlane, Kathryn	F30-39	20	44	126	02:22:41

Hallinan, David	M19-29	12	83	127	02:28:19
??? Lauren Chris or	M50-59				
Grant, Mathew	M30-39			128	
??Maher, Deborah	F30-39			129	
Cavill, Jim	M50-59			130	
Beare, Anne	F40-49				DNF