

**Cairns Road Runners and Triathlon Club Sportsco Little Street 10k Series, Race 1 of 2, 3  
May 2010  
Race Report by Lorraine Lawson**

Seventy-four runners braved the rain and turned up to participate in the 2010 Sportsco Little Street 10k Series Race #1 at 5pm on Monday, 3 May 2010. The tried and tested figure eight course once again brought the best out of the runners and Mike Le Roux came in as the overall winner in a time of 35 minutes 35 seconds – 2 minutes 20 seconds ahead of the next competitor, James Hilton (37.55). Kelvin Marino was third overall in a time of 38.13. The Cairns Roadies females took out the top five spots with Natalie Boddington finishing first in a time of 41.54 followed by Fiona Campbel in 43.22 and Megan Robb in 43.59. Congratulations to all our winners – including those in the 5k and 3k events (see results attached). Mike and Natalie each received a \$25.00 voucher from major sponsor, Sportsco.

Thanks to our sponsors many competitors and volunteers received prizes. Sportsco contributed lucky draw prizes including another two \$25.00 vouchers, four MP3 players and six pencil cases for the kids. A \$25.00 dinner voucher from Cock 'n Bull went to a lucky volunteer, 3 x 30 minute massages from Sarah Griffiths (High Performance Massage), 5 coffee vouchers from Michelle Gooiker (Hotshotz Mobile Coffee), a sports-recovery pack from Alan Courtney and Andrea Collins (Trinity Family Chiropractic) and 50 600mL bottles of water from T.A. Hartley (Choice Australia Management). There were also some novelty prizes – a bottle of wine for the oldest competitor and a packet of lollies for the youngest (both prizes donated by Trinity Family Chiropractic) and double movie pass to a competitor wearing their new Cairns Roadies Singlet. A participant in the April Beginners Running Clinic got one of the massage prizes.

The success of this event is contributed to a group of people who worked hard to get it all organised! Michele Clark (who stepped in as race director a week before the event!) sorted out the registrations on the day, compiled the results, cut up the fruit and put out and collected the cones along the course. Lenore Sims phoned Cairns Roadies members to find volunteers to help, and she assisted Michele during the race. Lorraine Lawson arranged the police permit, took online entries and towed the trailer to the location. Rob Mackenzie sorted out the paperwork. Other helpers included Pam Palmer (water station), Kev Morrissey (timing), Celia Mackenzie, Peter Mountney, Ian Valentine, Larry Lawson and Andrea Collins.

The next Cairns Road Runners and Triathlon Club event is the Cassowary Cup Time Trial (sponsor: Choice Australia Management) on Wednesday, 12 May. The second Sportsco Little Street race is on Saturday, 22 May. For details and to enter online for these, and other upcoming events, go to [www.roadrunners.org.au](http://www.roadrunners.org.au). Where are you on the Cairns Roadies Championship Points Ladder? Check the website for details.

**Cairns Road Runners and Triathlon Club Sportsco Little Street 10k Series, Race 1 of 2**

Name		Cairns Roadies Member #	Sex and Age Category	Time	Category Placing	Overall Placing
Le Roux	Mike	175	M 19-39	35.35	1	1
Hilton	James	Independent	M 19-39	37.55	2	2
Marino	Kelvin	Independent	M 40-49	38.13	1	3
Cunningham	Steve	129	M 50-59	38.32	1	4
Potter	Mathew	Independent	M 19-39	40.20	3	5
Boisvert	Serge	342	M 19-39	40.41	4	6
Horobin	Heath	334	M 19-39	40.58	5	7
Hoskins	Ryan	Independent	M 19-39	41.47	6	8
O'Mahony	Bryan	245	M 19-39	41.50	7	9
Boddington	Natalie	270	F 19-39	41.54	1	10
Jakubovsky	Taras	271	M 19-39	42.11	8	11
Smith	Gareth	277	M 19-39	42.14	9	12
Campbell	Fiona	266	F 19-39	43.22	2	13
Carman	Matt	321	M 19-39	43.57	10	14
Robb	Megan	361	F 19-39	43.59	3	15

O'Mahony	Ronan	319	M 19-39	44.45	11	16
Banaghan	Peter	99	M 40-49	48.15	2	17
Close	Kim	158	F 19-39	48.22	4	18
Johnston	Stevie	14	F 50-59	48.42	1	19
Lawson	Larry	31	M 40-49	49.06	3	20
Smith	Alison	262	F 19-39	50.18	5	21
Smyth	Liz	Independent	F 40-49	51.01	1	22
Atmentins	Melissa	Independent	F 19-39	51.34	6	23
Cotter	Melissa	168	F 19-39	51.44	7	24
Quirk	Kevin	Independent	M 50-59	51.56	2	25
Cavill	Jim	89	M 40-49	52.31	4	26
Wilson	Renee	322	F 19-39	53.25	8	27
Bradshaw	Lorna	229	F 19-39	55.49	9	28
Griffiths	Sarah	286	F 19-39	56.39	10	29
Lawson	Lorraine	118	F 40-49	57.45	2	30
Gould	Chris	233	M 50-59	58.38	3	31
Daly	Russell	360	M 19-39	58.43	12	32
Steel	Kylie	Independent	F 19-39	59.27	11	33
Mackenzie	Celia	18	F 50-59	59.58	2	34
Bowen	Lynton	288	M 60+	1.00.52	1	35
Tucker	Rebecca	333	F 19-39	1.03.09	12	36
Rayner	Sue	Independent	F 40-49	1.05.40	3	37
Buckley	Sandra	102	F 60+	1.08.18	1	38
Caffrey	Michelle	352	F 19-39	DNF		

#### Cairns Road Runners and Triathlon Club Sportsco Little Street Series, 5k

Name		Cairns Roadies Member #	Sex and Age Category	Time	Category Placing	Overall Placing
Storch	Adaline	142	F U 19	22.26	1	1
Kraska	Ian	23	M 19+	23.27	1	2
Boulle	Sarah	Independent	F 19+	23.50	1	3
Hansen	Bruce	49	M 19+	24.51	2	4
Keir	Chris	Independent	F 19+	25.06	2	5
Kennedy	Kathy	Independent	F 19+	26.06	3	6
Shepherd	David	Independent	M 19+	26.10	3	7
Harlen	Katie	Independent	F 19+	26.18	4	8
Courtney	Alan	80	M 19+	28.24	4	9
Vaughan	John	357	M 19+	28.51	5	10
Seccafien	Kim	187	F 19+	30.16	5	11
Johnson	Rachelle	Independent	F 19+	30.46	6	12
Voyce	Bron	Independent	F 19+	30.50	7	13
Chapman	Chris	103	F 19+	34.31	8	14
Cagnola	Steff	Independent	F 19+	34.59	9	15
Nielsen	Kristen	New Member	F 19+	34.59	10	16
Spinks	Sandra	Independent	F 19+	36.10	11	17

#### Cairns Road Runners and Triathlon Club Sportsco Little Street Series, 3k

Name		Cairns Roadies Member #	Sex and Age Category	Time	Category Placing	Overall Placing
Ederveen	Sam	273	M U12	11.55	1	1
Storch	Monique	141	F 12-15	12.12	1	2
Witten	Hannah	New Member	F 12-15	13.06	2	3
Readman	Nathan	332	M U12	13.44	2	4

Piercy	Max	Independent	M U12	15.20	3	5
Piercy	Idan	226	M 16+	15.20	1	6
Courtney	Ronan	328	M U12	15.35	4	7
Bryant	Nikita	298	F U12	17.10	1	8
Bell	Chris	Independent	F 16+	17.16	1	9
Kinnane	Helen	359	F 16+	17.47	2	10
Bryant	Alexandra	296	F U12	18.43	2	11
Courtney	Eamon	330	M U12	18.55	5	12
Hansen	Lesa	131	F 16+	20.00	3	13
Courtney	Amelie	329	F U12	20.02	3	14
Boyle	Carlie	Independent	F U12	22.08	4	15
Boyle	Jacob	Independent	M U12	24.32	6	16
Close	Larnie	156	F 12-15	24.32	3	17
Chapman	Tash	326	F 12-15	32.00	4	18