

Cairns Road Runners Jason Hedges Halloween Fun Run 30 October 2010

Race Director Jason Hedges

Thirty-six runners participated in the Halloween Fun Run held in Freshwater. Thanks to sponsors Jason Hedges, who donated three massages and Rebel Sport who donated two \$50 vouchers. Once again it was a great run with volunteers helping out with course set-up, registration, cutting the fruit, etc.

Overall winners for 6k Handicap:

1st Lorraine Lawson exactly on her nominated time; 2nd Rod Tindale 9 sec; 3rd Gareth Smith 10 sec.

Fastest 6k:

1st Wayne Love 23.50; 2nd CRR Junior Emma Rooke 24.52; 3rd Larry Lawson 25.05

Full results at www.roadrunners.org.au. Photos on the Cairns Road Runners facebook page.

Upcoming events 7 November at 7am, Active Health Clubs Northern Beaches Race 10k or 4k, Kewarra Beach. 18 November 2010 at 6pm Free Zumba Class followed by a Cheese and Wine for all CRR members and their friends, Active Health Club Pease Street.

Cairns Road Runners Halloween Fun Run 6k

Surname	First name	Nominated Time	Actual Time	Placing for Handicap Race	Fastest Time
Lawson	Lorraine	32.30	32.30	1	16
Tindale	Rod	27.30	27.21	2	6
Smith	Gareth	25.00	25.10	3	4
Lawson	Larry	25.30	25.05	4	3
Bradt	Nick	28.00	27.35	4	7
Johnston	Stevie	29.00	29.26	5	9
Morris	Peter	30.00	30.27	6	11
Griffiths	Sarah	36.30	35.58	7	19
Beare	Anne	30.00	30.48	8	12
Courtney	Alan	32.00	31.07	9	13
Cavill	Jim	33.00	31.55	10	15
Love	Wayne	25.00	23.50	11	1
Gale	Louise	35.00	33.20	12	17
Bray	Kerry	32.00	29.58	13	10
Moore	Nathan	30.00	27.55	14	8
Collins	Andrea	32.00	31.33	15	14
Congdon	Brad	31.00	27.10	16	5

McGiness	Elisha	40.00	36.02	17	20
Conchin	Simone	40.00	35.50	18	18
Rooke	Emma	30.00	24.52	19	2

Cairns Road Runners Halloween Fun Run 3k

Surname	First name	Time
Ball	Martin	15.26
Ball	Rosie	19.34
Brassil	Sonia	15.43
Courtney	Ronan	15.47
Groen	Gus	20.33
Harris	Rex	15.24
Harrison	Deb	17.43
Mackenzie	Celia	17.09
Piercy	Idan	??
Piercy	Max	??
Shearer	Margie	19.34
Skinner	David	16.29

Cairns Road Runners Halloween Fun Run 1k

Courtney	Eamon
Courtney	Amelie
Groen	Amy
Will	Isabella