

**Cairns Road Runners Club Active Health Clubs Northern Beaches Race, 10k, 7 November 2010**

Name		Cairns Roadies Member #	Time	Sex and Age Category	Category Placing	Overall Placing
Bradshaw	Phil	228	31.56	M 19-39	1	1
Cunningham	Steve	129	37.22	M 50-59	1	2
Bryant	Gary	294	39.37	M 40-49	1	3
Smith	Gareth	277	41.32	M 19-39	2	4
Wilson	Greg	162	41.43	M 40-49	2	5
Carman	Matt	321	42.14	M 19-39	3	6
Cavin	Ben	Independent	43.28	M 19-39	4	7
Carman	Jo	320	43.40	F 19-39	1	8
Mountney	Peter	35	44.57	M 60+	1	9
Johnston	Stevie	14	45.50	F 50-59	1	10
Congdon	Brad	Independent	45.50	M 50-59	2	10
Purves	John	Independent	47.00	M 40-49	3	11
Bradt	Nick	368	47.35	M 19-39	5	12
Banaghan	Peter	99	47.54	M 40-49	1	13
Valentine	Ian	267	47.56	M 40-49	5	14
Ball	Martin	276	48.28	M 50-59	3	15
Beare	Anne	11	50.08	F 40-49	1	16
Smyth	Helen	Independent	50.24	F 40-49	2	17
Dix	Fiona	Independent	51.40	F 19-39	2	18
Bell	Christine	387	52.34	F 19-39	2	19
Morris	Peter	117	52.51	M 50-59	4	20
Cavill	Jim	89	54.24	M 40-49	5	21
Cashman	Mel	379	54.55	F 19-39	4	22
Mahon	Naomi	Independent	57.16	F 19-39	5	23
Lawson	Lorraine	118	57.18	F 40-49	3	24
Anderson	Susan	Independent	57.55	F 19-39	6	25
Colquhoun	Anna	New member	58.07	F 19-39	7	26
Griffiths	Sarah	286	59.53	F 19-39	8	27
Mackenzie	Celia	18	59.57	F 50-59	2	28

Bowen	Lynton	288	1.01.00	M 60+	2	29
Gould	Joyce	Independent	1.03.18	F 50-59	3	30
Berther	Tammy	Independent	1.05.27	F 19-39	9	31
Lennox	Jill	Independent	1.05.27	F 19-39	9	31
Pappas	Lisa	Independent	1.05.27	F 40-49	4	31

#### 4K

Name		Cairns Roadies Member #	Time	Sex and Age Category	Category Placing	Overall Placing
Kraska	Ian	23	18.18	M 16+	1	1
Harris	Craig	Independent	19.59	M 16 +	2	2
Anderson	Dylan	Independent	20.58	M U12	1	3
Harris	Rex	Independent	21.02	M U12	2	4
Claremont	Russell	205	22.21	M 16+	3	5
Skinner	David	Independent	22.44	M 16+	4	6
Barnes	Rebecca	Independent	23.27	F 16+	7	7
Harrison	Deb	183	24.38	F 16+	2	8
Colman	Kylie	386	24.55	F 16+	3	9
Berther	Jason	Independent	25.01	M 16+	5	10
Weterkamp	Sam	Independent	25.55	F 16+	4	11
Gobus	Nicole	Independent	26.53	F 16+		12
Thomas	Hannah	Independent	27.48	F 12-15	1	13
Thomas	Sophie	Independent	27.48	F 16+	6	13
Thomas	Nicki	Independent	33.27	F 16+	7	14
Thomas	David	Independent	33.27	M 16+	6	14
Young	William	Independent	40.31	M 16+	7	15

#### Volunteers

Nathan Moore - race director

Rob Mackenzie - paperwork and timing

Kevin Morrissey - timing

Pam Palmer -waterstop

Kathy Osmond - water stop

Ian Valentine setup

Rosie Ball - registration and prize giving

Michelle Gooiker - coffee van

Mel Cashman - registration

Marcel deKievich - set up; fruit

Nick Bradt - towing the trailer, course setup

Jim Cavill - setup