

Cairns Road Runners Stoney Creek Run, 13 August 2011

Race Director Lorraine Lawson

The inaugural "Stoney Creek Run" turned out to be a great road/cross country race with the top runners finishing the 10.3km course in great times, considering they had to climb over locked gates and run along a rocky creek bed in the process.

Committee member, Nick Carling, took out the first place in a time of 39:42, Glen (Robbo) Robinson finished second (40.57), followed by rivals Paul Ryan and Craig Mann (41.48 and 42.12 respectively). Alison Smith was the first female home (after taking a wrong turn!) in a time of 57.33, followed by Michelle Farkas (58.02) and Lorraine Lawson (1.01.26). All times, including those of the 3km and 5km events are given below.

A special congratulations goes to our wonderful Beginner Runners Clinic ladies Jane, Heather, Donna, Sally, Nicola and Tanya, who, after five weeks of training, came along to participated in a race.

Thanks to Sarah Griffiths from High Performance Massage, two 30-minute massages were handed out – one to a runner and one to a volunteer. It was a great event thanks to the efforts of our fantastic volunteers. Lorraine Lawson (race director), Rosie Ball (rego and recording), John Vaughan (announcer, set up, marshalling and pull down), Rob Apps (drink stop, course set up and marshalling), Marnie Carrison (rego, shopping, catering), Life member Jim Cavill (set up and pull down), Gareth Smith (timing), Helen Chilcott (timing), Andrea Rowe (timing) and Christine Bell (marshalling).

Our next event on 28 August includes the 5km Four Mile Beach Run/Walk in Port Douglas, the 16km Bump to Beach; the Twin Bridges Half Marathon and the It's Extreme Kuranda to Port Douglas 64km Ultra or Relay Trail Marathon. We need more volunteers to help out, so give us a ring if you want to enjoy a great Sunday helping others. Details are available on our website www.roadrunners.org.au.

Overall placing	Name	Time	Category	Category placing
10km				
1	Nick Carling	0:39:52	M 19-29	1
2	Robbo Robinson	0:40:57	M 30-39	1
3	Paul Ryan	0:41:58	M 40-49	1
4	Craig Mann	0:42:12	M 30-39	2
5	Larry Lawson	0:50:28	M 50-59	1
6	Nathan Moore	0:50:38	M 30-39	3
7	Steven Mock	0:51:09	M 30-39	4
8	Martin Ball	0:57:11	M 50-59	2
1	Alison Smith	0:57:33	F 30-39	1
9	Scott Ratcliffe	0:57:52	M 40-49	2
2	Michelle Farkas	0:58:02	F 40-49	1
10	Alex Farkas	0:59:19	M 40-49	3
3	Lorraine Lawson	01:01:26	F 40-49	2
4	Tanya Roneberg	01:03:10	F 30-39	2
5	Sonya Parker-Lazic	01:03:47	F 19-29	1
5	Rebecca Chapman	01:03:47	F 19-29	1
6	Katie Apps	01:05:25	F 30-39	3
6	Cristy Mock	01:05:25	F 30-39	3
11	Bharat Gadhui	01:05:44	M 40-49	4
7	Chrissy Ratcliffe	01:08:37	F 40-49	3
5km				
1	Ian Kraska	0:23:24	M 50-59	1
1	Jane Kahler	0:30:26	F 30-39	1
2	Heather Rogers	0:31:18	F 40-49	1
3	Donna Lupson	0:32:24	F 40-49	2

3	Sally Dixon	0:32:24	F 40-49	2
2	Jim Cavill	0:32:25	M 50-59	2
4	Sandra Buckley	0:36:53	F 60-69	1
3km				
1	Elmer Donald	0:11:54	M 40-49	1
1	Erika Chilcott	0:14:45	F 12-15	1
2	Nicola Wilkins	0:17:13	M 30-39	1