

Cairns Road Runners CBC Staff Selection Team Challenge, 4 September 2011

A rainy Father's Day greeted the 31 teams signed up to do the inaugural CBC Staff Selection Team Challenge. Congratulations to the Cairns Road Runners Elected Team who beat their rivals, the Cairns Crocs Triathlon Team by three minutes in the signature event – the 5km Team Challenge Cup! The Tablelands Regional Council Team came in third.

The Sea Swift Demons team won the 8km Mega Cup and the Ergon Energy TD team the Mixed Distance Cup. The Moore Stephens team had a great race and won the 3km Mini Cup with the four members finishing the race in a combined time of 59 minutes.

Hinterland Aviation walked off with a prize for entering the most teams on the day and "4 Running Mega Hurts" will enjoy their coffee and cake during their debrief to discuss how they will win the Best Dressed Competition again next year.

A special thank you to all the participants and volunteers who made the morning an enjoyable, fun event with a definitive competitive edge. Who will YOUR company/organisation challenge next year?

Various sponsors provided random draw prizes, including umbrellas (appropriate as it was raining!) and wines from CBC Staff Selection – who also donated \$50 to the winning team. Gym memberships and 10-day passes from Active Health Clubs; 2 x 1hour therapeutic massages from Amanda Gale Physiotherapy and Wellness Clinic; heat packs from Trinity Family Chiropractic and a backpack with some goodies from Harvey World Travel Edge Hill. High Performance Massage also provided 7 massage vouchers for the graduates of the Beginner Runners Clinics held in July/August.

Special mention must go to Luke Johnston, Matt and Jo Carman of the Cairns Crocs Team who are off to represent Australia at the Olympic Distance Triathlon in Beijing. The Cairns Road Runners donated their winnings to the Crocs in a show of support! Thanks guys!

The next Cairns Road Runners event is the Freshie Handicap on 1 October. Check the website (www.roadrunners.org.au) for updates on other events and details on races. There are great photographs of runners in the Team Challenge on our Facebook page (Cairns Runners).

Category Placing	Team Name	Where from?	Score
Team Challenge Cup			
1	Cairns Road Runners Elected	Cairns Road Runners and Triathlon Club	4623
2	Cairns Crocs	Cairns Crocs Triathlon Club	4805
3	Team TRC	Tablelands Regional Council	5627
4	AECOM	AECOM	5800
5	Just Run	No name provided	5876
6	Running on a prayer	Catholic Diocese of Cairns	6371
7	Sea Swift Team Kiwi	Sea Swift	6481
8	CBC Staff Selection	CBC Staff Selection	7129
9	Cellulite Sisters Dig Exercise	Cairns School of Distance Education	7130
10	Cairns Road Runners Beginners	Cairns Road Runners and Triathlon Club	7130
11	Sandy and the Pacemakers	JM Switchboards	7301
12	The Baby Bunch	QLD Health	7315
13	If we must	No name provided	8368
14	Hinterland Aviation 2	Hinterland Aviation	8383
15	Silentworld Champions	Silentworld Shipping & Logistics Pty Ltd	8945
16	Cairns Road Runners Deborah's Team	Cairns Road Runners and Triathlon Club	12091
17	Toothfaeries	Smithfield Dental	12096

18	Robin's Team	No name provided	12565
19	Davis Langdon	Davis Langdon	12611
20	4 Running Mega Hurts	JM Switchboards	12700
21	Slightly Slower Silentworld	Silentworld Shipping & Logistics Pty Ltd	13252
22	Hinterland Aviation 3	Hinterland Aviation	13632
23	Hinterland Aviation 4	Hinterland Aviation	15474
Mega Cup			
1	Sea Swift Speed Demons	Sea Swift	9781
2	Hinterland Aviation 1	Hinterland Aviation	10337
3	Evolve Energy	Evolve Energy	10397
4	PREMIER TEAM	Premier Team	12453
Mixed Distance Cup			
1	Ergon Energy TD	Ergon Energy	6280
2	Mortgage Choice	Mortgage Choice	6658
Mini Cup			
1	Moore Stephens	Moore Stephens	3555
2	Sea Swift Team Turtle	Sea Swift	7308

	Team Challenge Cup (5km)	
16:50	Phil Bradshaw	Cairns Road Runners Elected
17:34	Nick Carling	Cairns Road Runners Elected
19:26	Luke Johnston	Cairns Crocs
19:37	Matthew Carman	Cairns Crocs
19:56	Bruce Ranga	Sea Swift Team Kiwi
20:13	Matthew Lawler	Cairns Crocs
20:33	Gary Bryant	Cairns Road Runners Elected
20:49	Joanna Carman	Cairns Crocs
21:50	Gemma Hale	Just Run
22:06	Mel Akmentins	Cairns Road Runners Elected
22:06	Matt Jones	Just Run
22:27	Shane Teahan	Team TRC
22:36	Paul Stubbs	AECOM
22:55	Tom Wardrop	Team TRC
23:06	Luke Smith	Toothfaeries
23:14	Warren Hughes	AECOM
23:22	Kevin Malone	Running on a prayer
23:30	Kirsten Le Roux	CBC Staff Selection
23:37	Dean Davidson	Team TRC
24:02	Alison Smith	Robin's Team
24:20	Tom Bill	Silentworld Champions
24:31	James Jentz	AECOM
24:35	Shane Watson	Running on a prayer
24:37	Shaun Taylor	CBC Staff Selection
24:48	Scott Pearson	Davis Langdon
24:48	Marisa Pearce	Team TRC
25:32	Jason Gwillim	Sandy and the Pacemakers
25:50	Hadley Cook	Sea Swift Team Kiwi
25:59	Alex Farkas	Cairns Road Runners Deborah's Team
26:11	Scott Emerson	Hinterland Aviation 2
26:16	Michelle Farkas	The Baby Bunch
26:19	Nicholas Kehler	AECOM
26:56	Anthony Taylor	Just Run
27:04	Tara Whykes	Just Run
27:46	Deborah Drummond	Cairns Road Runners Deborah's Team
27:46	Derek May	Cairns Road Runners Deborah's Team
27:52	Brian Somerfield	Robin's Team
27:53	Alicia Bean	Cairns Road Runners Beginners
28:14	Christina Hindmarsh	Running on a prayer
28:39	Dale Knight	Sandy and the Pacemakers
29:05	Edgar Randolph	Silentworld Champions
29:15	Jane Kahler	Hinterland Aviation 2
29:15	Trish Rimmer	Toothfaeries
29:15	Lea Ovaska	Toothfaeries
29:40	Camila Darling	Cellulite Sisters Dig Exercise
29:43	Kathy Kennedy	Cellulite Sisters Dig Exercise
29:43	Michael Rhodes	Cellulite Sisters Dig Exercise
29:43	Mandy Dreury	The Baby Bunch
29:44	Katie Harlen	Cellulite Sisters Dig Exercise
30:00	Theresa Donnelly	Running on a prayer
30:13	Sally Dixon	Cairns Road Runners Beginners

30:28	Donna Lupson	Cairns Road Runners Beginners
30:31	Rosie Ball	Cairns Road Runners Beginners
30:31	Samantha Clotworthy	CBC Staff Selection
30:57	Debbie St John	Sea Swift Team Kiwi
31:18	Margie Lambert	The Baby Bunch
31:18	Danielle Hoskin	Sea Swift Team Kiwi
32:41	Gavin Stewart	Davis Langdon
32:42	Brad Stewart	Davis Langdon
33:18	Belinda Cunningham	Slightly Slower Silentworld
33:23	Meyric Slimming	Slightly Slower Silentworld
33:45	Alexander McEachan	Sandy and the Pacemakers
33:45	Callum Ogilvie	Sandy and the Pacemakers
34:11	Michelle Wiliamson	Slightly Slower Silentworld
34:28	Leanne Fazzalari	Hinterland Aviation 3
34:38	Rozita Hiatt	The Baby Bunch
34:52	Marjo Simpson	If we must
34:52	Christine Ratcliffe	If we must
34:52	Colleen Harrison	If we must
34:52	Karen Russo	If we must
36:14	Brenda Been	Silentworld Champions
36:17	Adam Peddell	Hinterland Aviation 2
36:22	Irene Chisnall	Hinterland Aviation 3
36:22	Deanice Hobbs	Hinterland Aviation 3
37:31	Robin O'Shea	Robin's Team
40:11	Kerry Ellis	CBC Staff Selection
44:57	Johaan Jordaan	Hinterland Aviation 4
44:57	Christa Jordaan	Hinterland Aviation 4
48:00	Mark Dorward	Hinterland Aviation 2
48:00	Geoff Baldwin	Hinterland Aviation 4
52:55	Jannette Garden	4 Running Mega Hurts
52:55	Sarah Griffiths	4 Running Mega Hurts
52:55	Mary-ann McEachan	4 Running Mega Hurts
52:55	Nicole Tiller	4 Running Mega Hurts
59:26	Kisha Nadem	Silentworld Champions
	Mega Cup (8km)	
35:20	Nick Bradt	Sea Swift Speed Demons
38:22	Trevor Stitt	Sea Swift Speed Demons
38:28	Liam Busby	Hinterland Aviation 1
38:39	Matt Graham	Hinterland Aviation 1
39:36	Chris Moll	PREMIER TEAM
39:46	Helen Smyth	Evolve Energy
39:46	Mel Lum	Evolve Energy
41:41	David Smyth	Evolve Energy
43:53	Conrad Symons	Sea Swift Speed Demons
44:57	Will Lewis	Hinterland Aviation 1
45:26	Tien Chapman	Sea Swift Speed Demons
50:13	Andy Greig	Hinterland Aviation 1
51:03	Deb Moll	PREMIER TEAM
52:04	Kathy Smyth	Evolve Energy
57:28	Liz Moll	PREMIER TEAM
59:26	Alison Piggott	PREMIER TEAM

	Mixed Distance	
17:04	Michelle Taylor (3km)	Ergon Energy TD
19:42	Ian Wilkins (3km)	Ergon Energy TD
30:28	Nicola Wilkins (5km)	Ergon Energy TD
37:26	Nathan Moore (8km)	Ergon Energy TD
16:02	Steve Bailey (3km)	Mortgage Choice
16:53	Deidre Bailey (3km)	Mortgage Choice
DNF	Susy Dowd (DNF, 5km)	Mortgage Choice
38:03	Lorna Bradshaw (8km)	Mortgage Choice
	Mini Cup (3km)	
13:18	Alison Kirkwood	Moore Stephens
14:02	Eve Jacks	Moore Stephens
15:57	Craig Warren	Moore Stephens
15:58	Laurice McGowan	Moore Stephens
23:00	Peter Lyngcoln	Sea Swift Team Turtle
30:58	Melanie Soo	Sea Swift Team Turtle
33:55	Michelle Nicholls	Sea Swift Team Turtle
33:55	Carissa Lyngcoln	Sea Swift Team Turtle