

Cairns Road Runners Harvey World Travel Holloways Beach Series Race No. 3, 19 March 2011 Race Directors Jeff and Debra Bunt

Ninety-seven runners participated in the third and final race in the Harvey World Travel Holloways Beach Series. Conditions were hot and humid but some good times were still recorded. A number of beginner runners contested the event, which was pleasing to see.

First male home in the 5k was Phil Bradshaw (16.10) with Wes Swindale (17.08) second and Nick Carling (17.47) third. These three competitors also took out the overall series prizes, but as Nick participated in all three events coming first in the first race, he took out the overall series win with 57 points. Well done, Nick. Phil came in second with 50 points and Wes thirds with 40 points.

Junior club members Tjana Furnari-Southam won the female 5k race in a time of 20.40, followed closely by Natalie Boddington (21.00). Megan Robb and Teri Orr were tied third in 21.18. Overall series winner (and winner of race 1 and 2) was Natalie Boddington with 70 points, Tjana Furnari-Southam came in second overall (51 points) and Megan Robb third with 48 points.

The 3k male winners were: Tied 1st: Sam Ederveen (11.23) and Bini James (11.23) and 2nd Stirling McAvoy 12.19. Based on times, the overall series trophies for the 3k males were awarded to Sam (41 points), Stirling (36 points) and James Omundsen (25 points).

The 3k female winners were all junior club members and they also took out the overall series trophies: Montanna McAvoy 11.45 (50 points); Sandra Vecchio 12.25 (36 points); Mackenzie McAvoy 14.41 (29 points)

Thank you to all the sponsors, volunteers and traffic controllers who made this race and the race series a successful event. Sponsors included Harvey World Travel, Straight on the Beach, Coolumns on the Beach and Cock 'n Bull. A big thank you to all the volunteers including race directors Jeff and Debra Bunt; Sarah Griffiths and Laura Garner on rego, Kathy Kennedy on membership; Kev Morrissey on timing; Pam Palmer on water stop; Sandra Buckley, Brendan Bunt, Fiona Bunt, Neil Butler and Michael Rhodes on set-up; and Jim Cavill and Mick Foy on traffic controller. Chris Zeylmans took great photographs. Full results and points at www.roadrunners.org.au. Photos on the Cairns Road Runners facebook page.

The Harvey World Travel Holloways Beach Series was well attended and very competitive over the three races and the series winners were deserving of their results.

Bini James, the recipient of the David Todd Memorial Bursary for 2010 was presented with a cheque for \$1000 by coach Kevin Morrissey. Congratulations to Bini who is an exceptional young runner and the 2010 National U16 4k Cross Country Champion.

On Sunday 29 March is the Port Douglas Sign on day and Fun Run. Our next road run is the Cairns Courthouse Hotel Little Street Run on 2 April.

Position Overall	Name	Age group	Distance / Sex	Time	Position in Age Group
5k					
1	Phil Bradshaw	30-39	5M	16.10	1
2	Wes Swindale	30-39	5M	17.08	2
3	Nick Carling	19-29	5M	17.47	1

4	Steven	Francis	19-29	5M	19.09	2
5	Idan	Piercy	40-49	5M	19.10	1
6	Ian	Grant	40-49	5M	19.27	2
7	Mitch	Nissen	16-18	5M	19.43	1
8	Matt	Carman	19-29	5M	20.06	3
9	Ronan	O'Mahony	30-39	5M	20.11	3
10	Tjana	Furnari-Southam	12-15	5F	20.40	1
11	Marcel	deKievith	60-69	5M	20.56	1
12	Natalie	Boddington	40-49	5F	21.00	1
13	Rob	Mackenzie	60-69	5M	21.08	2
14	Brad	Congdon	50-59	5M	21.12	1
15	Megan	Robb	30-39	5F	21.18	1
15	Teri	Orr	19-29	5F	21.18	1
17	Hayden	D'Addona	12-16	5M	21.19	1
18	Fraser	Johnson	40-49	5M	21.22	3
19	Gary	Cotter	40-49	5M	21.38	4
20	Rod	Tindall	50-59	5M	21.44	2
21	Larry	Lawson	40-49	5M	21.50	
22	Trent	Gleeson	30-39	5M	22.03	4
23	Sergio	Tierno	30-39	5M	22.07	5
24	Gareth	Smith	30-39	5M	22.11	6
25	Martin	Ball	50-59	5M	22.17	3
26	Ian	Campigli	40-49	5M	22.24	5
27	Peter	Mountney	60-69	5M	22.26	3
28	Michael	Rhodes	30-39	5M	22.28	7
29	Melissa	Cotter	30-39	5F	22.34	2
30	Dwayne	Crowe	40-49	5M	22.52	6
31	Jacqi	Dovale	30-39	5F	22.58	3
32	Robert	Madden	40-49	5M	23.03	7
33	Stevie	Johnston	50-59	5F	23.09	1
33	Bruce	Hansen	40-49	5M	23.09	8
35	Ella	Hargreaves	12-15	5F	23.16	2
36	Melissa	Akmentins	30-39	5F	23.22	4
37	Lucy	Forbes	19-29	5F	23.40	2
38	Margie	Shearer	40-49	5F	23.48	2
39	Ian	Kraska	50-59	5M	23.56	4
40	Lorna	Bradshaw	19-29	5F	23.59	3
41	Emy	DeZen	40-49	5F	24.01	3
42	David	Baird	19-29	5M	24.02	4
43	Neil	Butler	50-59	5M	24.43	5
44	Jessica	Mison	19-29	5F	24.54	4
45	Igor	Bezulov	50-59	5M	25.24	6
45	Leigh	Whitney	30-39	5M	25.24	8
47	Cecilia	Pilat	40-49	5F	25.43	4
48	Andrea	Collins	40-49	5F	25.45	5
48	Adaline	Starch	16-18	5F	25.45	1

50	Kirsten	Standage	30-39	5F	26.00	5
50	Mark	Green	50-59	5M	26.00	7
52	Kathy	Kennedy	40-49	5F	26.04	6
53	Peter	Morris	50-59	5M	26.36	8
54	Kathy	Jenkin	50-59	5F	26.42	2
55	Clayton	Priddle	40-49	5M	26.52	9
56	Sue	Rayner	40-49	5F	26.59	7
57	Michelle	Farkas	40-49	5F	27.01	8
58	Eve	Kusinski	30-39	5F	27.06	6
59	Marco	Kiefer	50-59	5M	27.10	9
60	Leanne	Hardy	40-49	5F	27.41	9
61	Mike	Kennedy	50-59	5M	27.50	10
62	Celia	Mackenzie	50-59	5F	28.29	3
63	Michael	George	60-69	5M	29.04	4
64	Debra	Harrison	50-59	5F	29.45	4
65	Margaret	Hoff	40-49	5F	30.11	10
66	Carmel	Green	40-49	5F	30.52	11
67	Kylie	Coleman	30-39	5F	31.14	7
68	Denise	Russell	50-59	5F	33.12	5
68	Nadia	Mead	40-49	5F	33.12	12
70	Lisa	Hall	40-49	5F	34.26	13
71	Kelly	Moody	30-39	5F	34.39	8
72	Pauline	Taylor	50-59	5F	36.47	6
73	Christine	Amorim	50-59	5F	41.48	7
73	Rhonda	Zeylmans	40-49	5F	41.48	14
73	Lorraine	Lawson	40-49	5F	41.48	14
	Nev	D'Arcy	40-49	5M		
3k						
1	Sam	Ederveen	12-15	3M	11.23	1
1	Bini	James	16-18	3M	11.23	1
3	Montanna	McAvoy	U12	3F	11.45	1
4	Stirling	McAvoy	U12	3M	12.19	1
5	Sandra	Vecchio	U12	3F	12.25	2
6	Connor	Mitchell	U12	3M	13.33	2
7	Michael	Martin	30-39	3M	13.38	1
8	Jacob	Long	U12	3M	13.46	3
9	Craig	Harriss	50-59	3M	13.52	1
10	Ronan	Courtney	U12	3M	14.11	4
11	Rex	Harriss	U12	3M	14.20	5
12	Mackenzie	McAvoy	U12	3F	14.41	3
13	Annalese	Omundsen	U12	3F	14.43	4
14	Tania	Mitchell	19-29	3F	16.16	1
15	Flynn	Martin	U12	3M	16.24	6
16	Darren	Hargreaves	40-49	3M	16.35	1
17	Emma	Roberts	30-39	3F	16.38	1
18	Jasmine	Schults	U12	3F	17.03	5
19	Jodie	Ehlers	30-39	3F	17.05	2

20	Kaya	Schults	U12	3F	17.23	6
21	Charlotte	Gregory	U12	3F	17.39	7
22	Rosie	Ball	40-49	3F	19.59	1
23	Poppi	Gregory	U12	3F	21.41	8