## Cairns Road Runners Kuranda to Port Douglas Trail Race, 26 August 2012

106 runners participated in the Kuranda to Port Douglas event on Sunday, 26 August 2012. With lots of tall tales, this event was fun and enjoyed by those who participated. Twenty five of the 27 competitors on the 64km Kuranda to Port Douglas Ultra Trail Race completed the event, with a new course records set in ALL the events! Local ultra runner Oliver Zambon finished in 5:27:19. Cairns Road Runners members Ben Gerhardy and Craig Mann were second and third, followed closely by Kristian Morgan from London. Brisbane-runner Mandy Noble (6.06.18) was sixth overall, taking first place in the women's race. Michelle Duffield from Perth was close behind her (6.07.45). Local runner Dan Yeoman finished third in the women's race.

Congratulations to the FNQ Trail Running Series winners, Oliver Zambon and Lorraine Lawson.
The 'Chicks with Kicks' Relay team beat the other three relay teams home in a time of 06:11:55.
The scenic Twin Bridges Half Marathon was won by Kim Frankcombe all the way from Hobart in a time of 1:28:25. Second runner home, and first female was Cairns Road Runner superstar, Andrea Hargreaves in a time of 1:36:42. Trail runner and Cairns Road Runner committee member, Gareth Smith, came in third ( $2^{\text {nd }}$ male) and Rod Fearon ( $3^{\text {rd }}$ male). Tracey McDonald and Ruth Bullen came in $2^{\text {nd }}$ and $3^{\text {rd }}$ in the women's race. Gareth also acted as the sweep and ran down the Bump to the finish!

The 16 km Bump to Beach was a close race, dominated by Cairns Road Runners in the men, with Laurie Green in first in 1:07:09, 29 seconds ahead of Stevo Francis ( $\left.2^{\text {nd }}\right)$. Gavin Fee was $3^{\text {rd }}$. The first three ladies home were Angel Hayes (1:36:22), Sam Fifield (1:36:35) and Chelsea Meed.

Sixteen runner participated in the 5 km Four Mile Beach Fun Run.
It' Extreme were the major sponsor again this year, donating four pairs of shoes and six $\$ 50$ store vouchers. Runners' World donated a 5-month subscription and two free trail issues of the magazine to each runner. Endura supplied the Endura for the 64 km competitors.

The event was only possible with the help of all the wonderful volunteers, many who stepped in at the last minute to support their Club! Thanks to everyone, but in particular to the Checkpoint Marshals - Karl Gurnick, David Ryan, Marjo and Graham Simpson, Katie Osmond, Rod Fearon; those at the finish line - Christine Bell, Donal Watters, Deepa Gadhvi and Pia Valderrama; and the sweeps, Gareth Smith (running) and mountain bikers Will Bird, Jason Hedges, Chris Keir and Drew White.

The next Cairns Road Runners events are the Father's Day Fun Run on 2 September; the Team Challenge on 16 September and the Canine Challenge on 23 September. Check out the Cairns Road Runners website for locations, dates and times.

## Results:

| Overall position | RACE \# | Full Name | Time | Category | Category winners |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 64km Kuranda to Port Douglas |  |  |  |  |  |
| 1 | 447 | Oliver Zambon | 05:27:19 | M 19-29 | 1 |
| 2 | 406 | Ben Gerhardy | 05:41:57 | M 19-29 | 2 |
| 3 | 165 | Craig Mann | 05:57:01 | M 30-39 | 1 |
| 4 | 435 | Kristian Morgan | 06:01:58 | M 30-39 | 2 |
| 5 | 431 | John Drysdale | 06:04:07 | M 30-39 | 3 |
| 6 | 438 | Mandy Noble | 06:06:18 | F 30-39 | 1 |
| 7 | 436 | Michelle Duffield | 06:07:45 | F 19-29 | 1 |
| 8 | 439 | Chris Noble | 06:11:16 | M 40-49 | 1 |
| 9 | 450 | John Nuttall | 06:49:15 | M 60-69 | 1 |
| 10 | 10 | Larry Lawson | 06:58:20 | M 50-59 | 1 |
| 11 | 318 | David Von Senden | 06:59:59 | M 50-59 | 2 |
| 12 | 445 | Dan Yeoman | 07:09:46 | F 30-39 | 2 |
| 13 | 461 | Roy Willetts | 07:13:16 | M 50-59 | 3 |
| 14 | 460 | Mallani Moloney | 07:20:50 | F 19-29 | 2 |
| 15 | 61 | Bryan O'Mahony | 07:39:12 | M 30-39 | 4 |
| 16 | 62 | Ronan O'Mahony | 07:39:12 | M 30-39 | 5 |
| 17 | 440 | Bogdan Gavan | 08:11:34 | M 40-49 | 2 |
| 18 | 452 | Marina Brun-Smits | 08:26:39 | F 50-59 | 1 |
| 19 | 230 | David Elms | 08:29:21 | M 50-59 | 4 |
| 20 | 430 | Leigh Hawkes | 08:31:41 | F 30-39 | 3 |
| 21 | 11 | Lorraine Lawson | 08:33:02 | F 40-49 | 1 |
| 22 | 90 | Scott Ratcliffe | 09:15:30 | M 40-49 | 3 |
| 23 | 457 | Colin Donnellan | 09:32:33 | M 40-49 | 4 |
| 24 | 134 | Simon Nutley | 10:52:10 | M 50-59 | 5 |
| 24 | 444 | Douglas Guest | 10:52:10 | M 60-69 | 2 |
| DNF | 272 | Neil Harrison | DNF | M 30-39 | n/a |
| DNF | 485 | Matty Harris | DNF | M 40-49 | n/a |
| 64km Kuranda to Port Douglas Relay |  |  |  |  |  |
| 1 |  | Chicks with Kicks (Moniek DeKievith, Doon McColl, Nadine Hunt, Trees DeKievith, Helen McLaren) | 06:11:55 | TEAM | n/a |
| 2 |  | TEAM BONJOUR (Catherine Mellinger, Karen Ebdy, Rob Johnston) | 06:17:41 | TEAM | n/a |
| 3 |  | 2Dudes6Boobs (Jason Atkins, Sonya Barber, Bianca Graham, Nickaela Kerindun, Dave Kirkpatrick) | 06:46:11 | TEAM | n/a |
| 4 |  | Dimbulah Divas (Ferlin Szekely, Cristina Mahmut, Margi Mattes, Elena McDermott, Luisa Anziliero) | 07:49:58 | TEAM | n/a |


| Twin Bridges Half Marathon (21.1km) |  |  |  |  |  |  |
| :---: | :---: | :--- | :--- | :--- | :--- | :---: |
| 1 | 459 | Kim Frankcombe | 1.40 .48 | $\mathrm{M} 19-29$ | 1 |  |
| 2 | 56 | Andy Hargreaves | 1.49 .05 | F 40-49 | 1 |  |
| 3 | 81 | Gareth Smith | 1.52 .03 | $\mathrm{M} 30-39$ | 1 |  |
| 4 | 104 | Rod Fearon | 1.42 .23 | $\mathrm{M} 40-49$ | 1 |  |
| 5 | 177 | Mark St Amand | 1.57 .45 | $\mathrm{M} 40-49$ | 2 |  |
| 6 | 482 | Bob Lane | 2.02 .03 | $\mathrm{M} 60-69$ | 1 |  |
| 7 | 32 | Bruce Hansen | 2.02 .43 | $\mathrm{M} 40-49$ | 4 |  |
| 8 | 448 | Tracey McDonald | 2.03 .31 | F 40-49 | 2 |  |
| 9 | 372 | Ruth Bullen | 2.05 .58 | F 50-59 | 1 |  |
| 10 | 432 | Charlotte Kimmel | 2.06 .51 | F 19-29 | 1 |  |
| 11 | 484 | Jacqueline Funch | 2.13 .46 | F 30-39 | 1 |  |
| 11 | 486 | Sarah Mcconnell | 2.13 .46 | F 30-39 | 1 |  |
| 13 | 147 | Anna Morgan | 2.16 .38 | F 50-59 | 1 |  |
| 14 | 443 | Belén Rodriguez doñate | 2.27 .30 | F 30-39 | 3 |  |
| 15 | 363 | Alan Wyness | 2.32 .00 | M 30-39 | 2 |  |
| 16 | 454 | Vanessa McCarthy | 2.42 .27 | F 40-49 | 3 |  |
| 17 | 158 | Ralf Dutton | 2.56 .33 | M 50-59 | 1 |  |
| 18 | 414 | Jeremy Hawke | 3.06 .04 | M 50-59 | 2 |  |
| 18 | 303 | Baz Gadhvi | 3.06 .04 | M 40-49 | 5 |  |

## 16km Bump To Beach

| 1 | 116 | Laurie Green | $1: 07: 09$ | $\mathrm{M} 40-49$ | 1 |
| :---: | :---: | :--- | :---: | :--- | :--- |
| 2 | 99 | Stevo Francis | $1: 07: 38$ | M 19-29 | 1 |
| 3 | 355 | Gavin Fee | $1: 11: 16$ | $\mathrm{M} 19-29$ | 2 |
| 4 | 221 | Paul Ryan | $1: 12: 55$ | $\mathrm{M} 40-49$ | 2 |
| 5 | 100 | Todd Rutherford | $1: 15: 34$ | $\mathrm{M} 40-49$ | 3 |
| 6 | 184 | Connor O'Sullivan | $1: 17: 43$ | $\mathrm{M} 30-39$ | 1 |
| 7 | 169 | Keith Fearon | $1: 25: 10$ | $\mathrm{M} 40-49$ | 4 |
| 8 | 487 | Angel Hayes | $1: 36: 22$ | F 30-39 | 1 |
| 9 | 481 | Sam Fifield | $1: 36: 35$ | F 40-49 | 1 |
| 10 | 455 | Chelsea Mee | $1: 41: 58$ | F 19-29 | 1 |
| 11 | 416 | Kath Kinneally | $1: 45: 03$ | F 40-49 | 2 |
| 12 | 483 | Allan Waller | $1: 46: 27$ | M 40-49 | 5 |
| 13 | 274 | Steve Bailey | $1: 47: 38$ | M 40-49 | 6 |
| 14 | 449 | Kate Houlahan | $1: 48: 05$ | F 19-29 | 2 |
| 15 | 451 | Michelle Sant | $1: 52: 07$ | F 40-49 | 3 |
| 16 | 446 | Gerna Thompson | $1: 54: 26$ | F 30-39 | 2 |
| 17 | 402 | Belinda Simpson | $1: 56: 52$ | F 30-39 | 3 |
| 19 | 456 | Adele De Klerk | $1: 59: 05$ | F 40-49 | 4 |
| 20 | 374 | Sharon Waller | $1: 59: 17$ | F 50-59 | 1 |
| 18 | 453 | Eleanor Jones | $1: 59: 57$ | F 30-39 | 4 |
| 21 | 437 | Natalie Smith | $2: 00: 44$ | F 40-49 | 5 |
| 22 | 458 | Julie Rose | $2: 02: 12$ | F 40-49 | 6 |
| 23 | 257 | Tanya Roneberg | $2: 03: 36$ | F 30-39 | 5 |
| 24 | 480 | Matthew Mitchell | $2: 11: 06$ | M 40-49 | 7 |
| 25 | 220 | Tonia Marquardt | $2: 19: 25$ | F 40-49 | 7 |
| 26 | 462 | Darrelle Taylor | $2: 30: 41$ | F 40-49 | 8 |

## 5km Four Mile Beach Fun Run

Lynda Cartwright
Simon Chick
Rae Collins
Alison Dickinson
Rachel Hay
Nicole Hocking
Jenni Hocking
Jessica Houlahan
KIm Kavanagh
Donna Lourie
Christine Pitson
Sue Schwarttz
Trent St Amand
Karen St Amand
Scott St Amand
Carol Thomas

