

Cairns Road Runners Copperlode Cup, 13 July 2013 Race Report and Results

A fantastic day was had by all at the annual Copperlode Cup on Saturday the 13th. Even with overcast weather we had a great turnout of 45 runners ready to tackle the largely uphill course. We had a little bit of rain while the competitors were on the course but that didn't stop our dedicated runners. We had both individual runners doing the full 16km and a few teams tackling the course in 4km sections.

We had our male individual winner Nathan Sandford cross the line with a amazing time of 1hr 8min and 18sec. Our second place male Gavin Fee did the course in 1hr 12min and 25sec while our third place holder Ian Grant managed 1hr 12min and 53sec. Our female winner Sue Crow did an impressive time of 1hr 12min and 29sec. Last years winner Andrea Hargreaves came in second with a time of 1hr 18min and 3sec. Third place was taken out by Tracy McDonald in 1hr 21min and 10sec. A big congratulations to these amazing runners and to everyone who completed the course today.

We had a variety of teams running on the day with Charlie Best and Mathew Bennet crossing the line first doing 8km of the course each in 1hr 11min and 28sec. Next across the line was the Mum and Sons team with Karen, Scott and Trent doing 1hr 22min and 30sec. We then had Elizabeth Reeves, Robert McCartney, Nikki McCartney and Karen Lloyd-Collins coming in at 1hr 25min and 54sec. David and Brenda O'Brien wrapped up the team results in 1hr 39min and 27sec.

A big thank you goes out to all our fantastic volunteers without them the event would not have been the success that it was. Glen Robinson (Robbo) did a great job setting up and pulling down and also assisted with the recording. David Elms managed the timing and did a great job of it. David O'Brien and David Von Senden were great help with set up and also pull down. Nadia Mead shopped for the food that was eagerly eaten at the end of the race. Darren Lee-Ross helped with food prep. At the start of the race we had Rod Fearon and Helen Smyth manning the registration desk. Sioux Campbell was our sweep for the race.

We appreciate all the help that was given on the day by all these wonderful people.

Now that the Copperlode Cup has been run for the year we encourage you to join us again at future events. We have the Mt Haig trail run coming up on the 20/7/2013 and hope to see you there.

Happy Running
Katie Osmond

Cairns Road Runners Copperlode Cup, 13/7/2013

Race director: Katie Osmond

Results:

Overall place	bib #	Name		Time	Category	Category Placing
1	181	Nathan	Sandford	1:08:18	M 30-39	1
2	119	Gavin	Fee	1:12:25	M 19-29	1
3	11B	Sue	Crowe	1:12:29	F 40-49	1
4	45	Ian	Grant	1:12:53	M 50-59	1
5	1	Marcel	De Kievith	1:14:02	M 60-69	1
6	81	Mark	St Amand	1:15:27	M 40-49	1
7	10B	Struan	Lamont	1:15:56	M 30-39	3
8	56	Andrea	Hargreaves	1:18:03	F 40-49	2
9	117	Nick	Bradt	1:20:12	M 30-39	4
10	359	Jarrod	Ausburn	1:20:14	M 19-29	2
11	2B	Tracey	McDonald	1:21:10	F 40-49	3
12	18B	Rob	Tideman	1:21:19	M 40-49	2
13	5	Larry	Lawson	1:21:46	M 50-59	2
14	51	Margie	Shearer	1:21:49	F 50-59	1
15	12	Stephanie (Stevie)	Johnston	1:24:23	F 50-59	2
16	13	Robert	Maddern	1:25:54	M 50-59	3
17	7	David	Von Senden	1:27:22	M 50-59	4
18	99	Rod	Fearon	1:27:23	M 40-49	3
19	189	Don	Elmer	1:27:23	M 50-59	5
20	176	Catherine	Mellinger	1:27:46	F 40-49	4
21	310	Helen	Smyth	1:28:26	F 40-49	5
22	6B	Peter	Mountney	1:28:28	M 60-69	2
23	1104	Martin	Bengtsson	1:30:17	M 30-39	5
24	70	Alison	Smith	1:33:00	F 30-39	1
25	34	Melissa	Akmentins	1:35:10	F 40-49	6
26	7B	Warren	Ryan	1:35:11	M 40-49	4
27	27B	Nadine	Edwards	1:35:38	F 40-49	7
28	12B	Sarah	Carter	1:36:33	F 50-59	3
29	44	Peter	Banaghan	1:39:36	M 50-59	6
30	8B	Nigel	Williams	1:44:54	M 40-49	5
31	9B	Max	Fargher	1:44:54	M 40-49	6
32	207	Adele	Wright	1:44:54	F 40-49	8
33	46B	Natalie	Smith	1:51:24	F 40-49	9
DNF	5 DNF	Juanita	Barter		F 40-49	