

## Cairns Road Runners Northern Beaches Race, 17 November 2013

**Race Director: Laurie Green**

Volunteers: Registration: Andy Hargreaves, Timekeeping: Kev Morrissey, Larry Lawson;  
Recording: Karen St Amand, Bruce Hansen; Remote Water Station: Pam Palmer; Marshal:  
Derek May; Admin/Shopping/Results: Lorraine Lawson

Bib #	Overall Position	Name	Time	Category	Category position
<b>10km</b>					
42	1	Philip Bradshaw	00.34.41	M 30-39	1
96	2	Mark Lennon	00.39.50	M 40-49	1
185	3	John Heenan	00.40.38	M 50-59	1
271	4	James Giugni	00.42.42	M 18-29	1
49	5	Brad Congdon	00.43.23	M 50-59	2
148	6	Matt Baker	00.44.26	M 40-49	2
524	7	Paul Weatherby	00.44.32	M 30-39	2
81	8	Mark St Amand	00.44.38	M 40-49	3
12	9	Stevie Johnston	00.44.41	F 50-59	1
56	10	Andrea Hargreaves	00.45.52	F 40-49	1
8	11	Rob Mackenzie	00.46.32	M 60-69	1
520	12	Alex Rayner	00.46.59	M 30-39	3
503	13	Ana Bradley	00.47.12	F 40-49	2
518	14	Damien O'Grady	00.47.31	M 40-49	4
157	15	Alex Farkas	00.47.35	M 40-49	5
189	16	Don Elmer	00.48.13	M 50-59	3
326	17	Kate Stoter	00.49.12	F 30-39	1
511	18	Joshua Guy	00.49.25	M 18-29	2
523	19	Cos Zwart	00.49.45	M 30-39	4
510	20	Sabbi Grossmann-Phillips	00.49.59	F 30-39	2
156	21	Michelle Farkas	00.50.21	F 40-49	3
19	22	Martin Ball	00.50.22	M 50-59	4
508	23	Fiona Dix	00.50.41	F 30-39	3
149	24	Nichole Baker	00.52.57	F 40-49	4
516	25	Elsa Lim	00.53.23	F 30-39	4
155	26	Dave Cuming	00.53.38	M 50-59	5
130	27	Darren Lee-Ross	00.54.13	M 50-59	6
34	28	Melissa Akmentins	00.54.14	F 40-49	5

500	29	Gerna	Thompson	00.54.17	F 30-39	5
251	30	Marian	Webster	00.55.28	F 40-49	6
196	31	Judy	O'Donahoo	00.55.38	F 50-59	2
521	32	Max	Rivett	00.56.01	M 30-39	5
48	33	Deb	Harrison	00.56.44	F 50-59	3
159	34	Deborah	Drummond	00.56.51	F 50-59	4
244	35	Bridget	Knobel	00.58.35	F 18-29	1
305	36	Steve	Betesta	00.58.57	M 50-59	7
109	37	Baz	Gadhvi	01.00.16	M 40-49	6
230	38	David	Elms	01.00.30	M 50-59	8
269	39	Donna	Lupson	01.00.55	F 40-49	7
519	40	Danielle	Osborne	01.02.03	F 30-39	6
312	41	Darrelle	Taylor	01.02.48	F 40-49	8
252	42	David	Bragg	01.03.36	M 50-59	9
164	43	Colleen	Harisson	01.03.53	F 50-59	5
18	44	Rosie	Ball	01.04.07	F 40-49	9
513	45	Rozita	Hiatt	01.04.43	F 50-59	6
4	46	Jim	Cavill	01.09.36	M 50-59	10
36	47	Nadia	Mead	01.10.57	F 40-49	10
6	48	Lorraine	Lawson	01.10.57	F 40-49	11
131		Amanda	Lee-Ross		F 50-59	
254		Brigid	Fleming		F 18-29	
522		Charmaine	Rogato		F 40-49	
<b>4km</b>						
184	1	Aiden	Smith	00.16.58	M 12-15	1
509	2	Liam	Featherstone	00.17.14	M 12-15	2
504	3	Jonathan	Camilleri	00.19.15	M 18-29	1
183	4	Jason	Smith	00.19.16	M 40-49	1
515	5	Tanya	Knauer	00.19.20	F 40-49	1
239	6	John	Gordon	00.19.25	M 12-15	3
133	7	David	Valkhoff	00.20.51	M 30-39	1
2	8	Theresa	De Kievith	00.22.34	F 60-69	1
1	9	Marcel	De kievith	00.22.36	M 60-69	1
33	10	Lesa	Hansen	00.27.39	F 40-49	2
517	11	Wendy	McCarthy	00.31.49	F 40-49	3
505	12	Suzanne	Carpenter	00.31.50	F 50-59	1

## Kid's Run

<b>Distance</b>	<b>Name</b>	<b>Time</b>
1km	Andrew          Lennon	7.5
2km	EJ                  Bozkurt	8.17
2km	Liam              Hanlan	12.43
2km	Beau              Jackson	12.52
3km	Waylan          Satrick	12.58
3km	Trent             St Amand	13.15
3km	Scott             St Amand	13.45